ALTHE A

HEALTH AND WELLNESS





ALTHEALTH& WELLNESS by Lauren Lee Stone

WHAT WE OFFER:

Individualized, proprietary strategies curated to address your child's underlying toxic and infectious burden through gently supporting the body's natural detoxification process

WHAT DOES THE HEALING JOURNEY LOOK LIKE?

The Deep Dive Discovery Call followed by the Strategy Call (\$750 investment)

- Our work together begins with two strategy calls with Lauren. The first call is a 1 hour deep dive into your child's health history. During this one-on-one session, Lauren brings her unique perspective to help unravel your child's core issues.
- The second call is devoted to strategy and will focus on the presentation and explanation of your child's customized roadmap to healing. Developed by Lauren and based on your child's unique story and health needs, the roadmap is your child's personalized health template and details your child's health journey over the next 6-18 months.

YOU WILL LEAVE THIS MEETING FEELING CONFIDENT ABOUT THE FOLLOWING:

- A clear understanding of your child's core issues, including infections, toxic exposures, genetics, and nutritional status.
- A detailed roadmap to healing developed to address your child's individual core issues
- Proprietary protocols customized to your child's unique needs
- Curated remedies designed for gentle healing
- Diet, wellness, and therapeutic recommendations customized to your unique child's needs.
- Program placement based on your child's needs (NB: PANS programs require a minimum 4month commitment – most healing programs requires a commitment between 6-18 months.

REQUIRED LABS

- Neural Health combo/Wheat (Neural Zoomer plus, Tickborne, Wheat Zoomer)
- Gl map

RECOMMENDED LABS

- Micronutrient testing
- Food sensitivity testing



PACKAGES

\$300/mo	\$500/mo	\$750/mo
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TIER I	TIER II	TIER III
Essential Wellness Group Package	Essential Wellness Family Package	Essential Wellness Family Package with Zyto

- Includes individualized protocols developed by Lauren and customized to your child's needs (the protocol development spans 6-months, 12-months or 18-months depending on individual needs)
- This tier does not include direct email access to Lauren
- Dedicated health coach to answer questions via email and support your needs as they arise
- Two 30-minute meetings per month with your dedicated health coach
- 20% discount on subsequent appointments with Lauren*
- 10% discount on supplements 15% discount on orders over \$300
- Full Program access
- Supplement and lab costs are not included

- Includes individualized protocols developed by Lauren and customized to your child's needs (the protocol development spans 6-months, 12-months or 18-months depending on individual needs)
- 4 additional strategy sessions per year with Lauren
- Ongoing support and email access to Lauren
- Dedicated health coach to answer questions via email and support your needs as they arise
- Two 30-minute meetings per month with your dedicated health coach
- 20% discount on subsequent appointments with Lauren*
- 10% discount on supplements 15% discount on orders over \$300
- Full Program access
- Supplement and lab costs are not included

- Includes individualized protocols developed by Lauren and customized to your child's needs (the protocol development spans 6-months, 12-months or 18-months depending on individual needs)
- 4 additional strategy sessions per year with Lauren + four 30-minute Zyto sessions
- Ongoing support and email access to Lauren
- Dedicated health coach to answer questions via email and support your needs as they arise
- Two 30-minute meetings per month with your dedicated health coach
- 20% discount on subsequent appointments with Lauren*
- 10% discount on supplements 15% discount on orders over \$300
- Full Program access
- Supplement and lab costs are not included