ALTHEA

HEALTH AND WELLNESS

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by Lauren Lee Stone

Gentle Healing Strategies for Children with PANS/PANDAS, Autism, ADHD and Lyme

WHAT WE OFFER

Gentle healing strategies curated to address your child's individual needs. Our protocols focus on strengthening and supporting the body's natural healing mechanisms through nutrient uptake, botanical support, and targeted homeopathic detoxification.

WHAT DOES THE HEALING JOURNEY LOOK LIKE?

The Deep Dive History Call followed by the Implementation Call ($2400 investment)

- Our work together begins with two (2) strategy calls with Lauren. The first call is a 1-hour deep dive into your child's health history. During this one-on-one session Lauren brings her unique perspective to help unravel your child's core issues.
- The second call is devoted to implementation and will focus on the presentation and explanation your child's customized roadmap to healing. Developed by Lauren and based on your child's unique story and health needs, the roadmap is your child's personalized health template and details your child's health journey over the next 6-18 months.

WHAT IS INCLUDED?

- Two (2) onboarding calls with Lauren
- Interpretation of labs to date*
- Development and explanation of your child's initial 8-week protocol, along with their customized roadmap spanning the next 6-18 months, depending upon health history and lab results.
- Onboarding call with your personal health coach, including customized dietary and lifestyle recommendations as needed.**
- Therapeutic recommendations and referrals.
- Access to the Foundations in Healing 8-week Mentorship Program + monthly live coaching calls with Lauren and the Althea Team
- Vibrant Toxin Zoomer to assess the specifics of your child's total load (includes mycotoxins, heavy metals, and environmental toxins) $900 value

You will leave this meeting feeling confident about your child's healing journey, including having a precise understanding of the following:

- Your child's core issues, including infections, toxic exposures, epigenetic factors, and nutritional status.
- Your child's detailed roadmap to healing developed to address these core issues
- Proprietary protocols customized to your child's unique needs and focused on supporting the body through the healing process and beyond
- Curated remedies designed for gentle healing
- Diet, wellness, and therapeutic recommendations customized to your unique child's needs.
- Program placement based on your child's needs (NB: PANS programs require a minimum 6-month commitment - most healing programs requires a commitment between 6-18 months.)

Required labs:

- Vibrant Toxin Zoomer (included)
- Vibrant Tickborne Diseases
- GI map + Zonulin
- Micronutrient Testing
- Food Sensitivity Testing

R**ecommended labs:**

- Vibrant Labs Neural Zoomer
- Organic Acids Testing
- MARCONS Testing (if mold is an issue)
- FRAT Testing
- Genetic Testing

Althea Health and Wellness Client Packages: Support for the Journey Ahead

At Althea Health and Wellness, we know that true healing - especially for children facing complex neuroinflammatory conditions like PANS/PANDAS, autism, ADHD, and Lyme—requires more than just a protocol. It takes community, ongoing guidance, and a trusted team to help you navigate the ups and downs of recovery. Healing does not happen in isolation, and no family should have to do it alone. Our client packages are designed to support you and your family throughout your healing journey. For more on our package offerings and pricing, please see below.

*All lab results must be completed and available for interpretation at least one week before initial onboarding call with Lauren to be included in the initial pricing. ** Health coaching calls must be completed within the first 4 weeks after your implementation call and cannot be banked for use later

PACKAGES

TIER I

$525/mo

$3050/6 months
($100 savings)

- Includes individualized protocols developed by Lauren and customized to your child's needs. Protocols are updated every 8 - 12 weeks.*
- Dedicated health coach to answer questions via email and support your needs as they arise.
- One 40-minute meeting per month with your dedicated health coach.
- Full nutritional assessment along with lifestyle recommendations.
- Access to the NES/Energy4Life portal for family members (hand cradle is not included and can be purchased separately)
- 10% discount on additional appointments with Lauren.*
- 10% off purchases from our online store.**
- Full access to the Foundations in Healing Program + twice monthly live coaching calls (for more information on the Foundations Program, **click here**).
- Additional strategy sessions with Lauren are not included and will be billed separately.
- This tier does not include direct email access to Lauren.
- Supplement and lab costs are not included.

TIER II

$825/mo

$4800/6 months
($150 savings)

- Includes individualized protocols developed by Lauren and customized to your child's needs. Protocols are updated every 8 - 12 weeks.*
- Four (4) appointments with Lauren annually (2 every 6 months).
- Dedicated health coach to answer questions via email and support your needs as they arise.
- One 40-minute meeting per month with your dedicated health coach.
- Full nutritional assessment along with lifestyle recommendations.
- Access to the NES/Energy4Life portal for family members (hand cradle is not included and can be purchased separately)
- 20% discount on additional appointments with Lauren.*
- 10% off purchases from our online store.**
- Full access to the Foundations in Healing Program + twice monthly live coaching calls (for more information on the Foundations Program, **click here**).
- Supplement and lab costs are not included.

NB: Tier I is reserved for families who have been working with Althea for at least 6 months.
*Appointments with Lauren are typically scheduled every 8-12 weeks during the active phase of detox. Protocol plans typically span from 6 -18 months depending on individual needs.
** Exclusions apply- discounts are available through DSS, Fullscript, and the Mindshare/Get Healthy Store